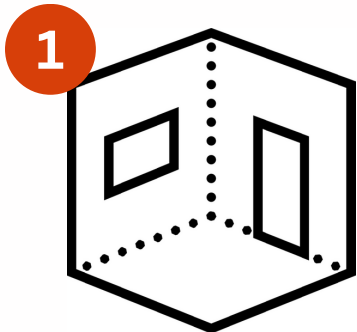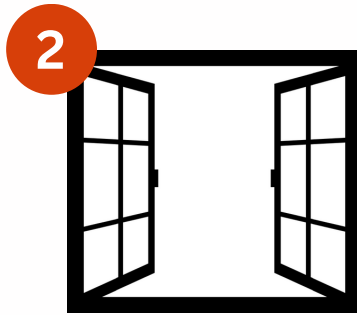# Wildfire Smoke: Steps to Create a Clean Room

Monitor your local air quality index (airnow.gov). If air quality is unhealthy, prepare a clean indoor air space to reduce exposure to harmful smoke particles.
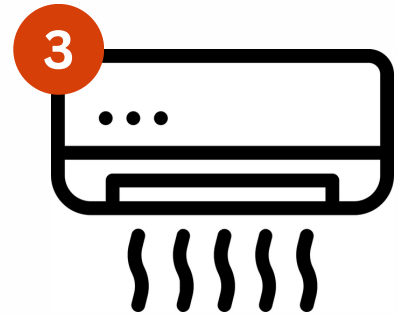
1

Choose a Room.
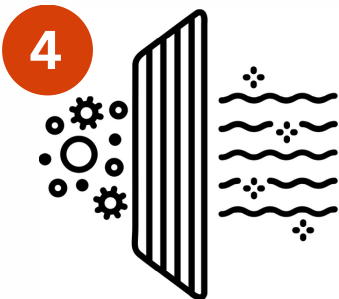It should be a safe space big enough to fit everyone comfortably.

2

Prevent Smoke.
Close windows and doors. If air vents are bringing air in from outside, close them.

3

Stay Cool.
Run fans and the window or central air conditioner (AC). Make sure AC is not pulling air in from outside.

4

Filter the Air.
Use a portable air cleaner with a HEPA filter that is the correct size for room and does not produce ozone.
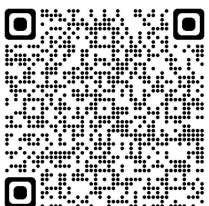
5

Avoid Polluting.
Avoid other activities that affect indoor air quality like smoking, using gas, propane, or wood stoves, spraying aerosols, burning candles, or frying food.

6

Spend Time.
To gain the benefits, stay in the clean room as much as possible. When the air quality improves air out the space!

Scan the QR code to learn more! Environmental Protection Agency (EPA). Create a Clean Room.

Oregon State University
ASP³IRE Center
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